



Scarborough and Ryedale Mountain Rescue Team

Registered Charity No 256085, Data Protection Reg. No NL1330027

# SALTERGATE 2014

## STAPE NR PICKERING, N YORKS

### SATURDAY 4TH OCTOBER 2014

### ENTRY FEE - £15 OR £20 ON THE DAY

**A YEARLY CLASSIC, 24 OR 16 MILES OVER THE MOORS & THROUGH FORESTRY OF THE NORTH YORK MOORS NATIONAL PARK, WITH FANTASTIC VIEWS OVER NEWTONDALE & HOLE OF HORCUM RAISING VALUABLE FUNDS FOR THE RUNNING OF SCARBOROUGH & RYEDALE MOUNTAIN RESCUE TEAM**

[www.srmrt.org.uk/challenge-walks](http://www.srmrt.org.uk/challenge-walks)

- Start STAPE OUTDOOR CENTRE - SE 795926
- CP1. Raindale Head Fm SE 803939 **B/D**(BOTH))
  - CP2. Keys Beck SE 803955 (BOTH)
  - CP3. Wheeldale Bridge SE 803970 **R** (BOTH)
  - CP4. Simon Howe SE 830981 (BOTH)
  - CP5. Northdale Top SE 836 964 (BOTH))
  - CP6. Needle Point (Bottom Track) SE 842953 (BOTH)
  - CP7. Saltergate SE 853939 **R** (SPLIT)
  - CP8. Malo Cross SE 866949 **S/C** (Long)
  - CP9. Bridestones C/P SE 877904 **R** (long)
  - CP10 Fox & Rabbit SE 845883 **R** (long)
  - CP11 Farwath (Footbridge) SE 829883 **S/C** (long)
  - CP12 Levisham Elbow SE 821916 **R** (Both)
- Finish STAPE OUTDOOR CENTRE - SE 795926



- \* Mass start at 09:00
- \* Registration from 07:30.
- \* The minimum kit required is
  - \* Map O/S Explorer 27,
  - \* compass, whistle
  - \* Waterproof top & bottoms
  - \* Fleece
  - \* Hat & Gloves
  - \* Survival Bag & First Aid kit
  - \* Emergency Rations
  - \* Mug
  - \* Torch and spare batteries
- \* **Postal entries close 27/09/14**
- \* Entries on the day accepted
- \* Entry fee includes, certificate, refreshments and snacks during the walk and meal at the finish.
- \* **EVENT EMERGENCY PHONE NUMBER 07924349490**

### Entries to: Saltergate Circuit 2014

9 Green Sward, York YO31 1JE  
**Tel:** Dave Swales on 01904 421376, not after 9pm  
 All cheques should be made payable to SRMRT. Only one entry per form please. Please enclose 2 SAE (4" x 9" minimum) for acknowledgement and results sheet (results and walk number can be sent by email – if you wish to receive them this way do not send an SAE but fill out the email slot clearly). Name changes must be notified at registration. PLEASE ENSURE YOU USE THE CORRECT POSTAGE.



Name .....

Date of Birth ..... Age.....

Short route Long route Vegetarian meal (circle as appropriate)

Address .....

.....Post Code .....

Email Address .....

Walk No



## Scarborough & Ryedale MRT entry form (SALTERGATE<sub>14</sub>)

Telephone No. inc STD Code .....

Mobile Phone (If carried on walk) .....

Telephone Contact Number in case of Emergency .....

I agree to abide by the regulations of the event, accept the organisers' decisions as final

- Participants must be at least 18 years of age. Persons under 14 years of age may undertake the short route if accompanied throughout the event by an adult, likewise those between 14 and 18 years of age may undertake the long route if accompanied throughout the event by an adult. No participants under 14 years of age will be allowed on the long route.
- I agree to carry/wear the minimum recommended Equipment and know how to use it correctly
- Participants must wear stout footwear or good quality trainers.
- If retiring I will do so at an official manned checkpoint and return to the start by official transport.
- Participants must observe the Country Code and report any damage to the nearest C/P
- Participants will not be allowed to continue if in the opinion of the check-point officer they are unfit to do so.
- Participants must complete either route in 12hrs and reaching Fox and rabbit (long route) within 9 hours or will be withdrawn.
- The organiser's decisions are final, they cannot be held responsible for mishaps or accidents during the event. They retain the right to incorporate additional rules, these will be displayed at the start.
- **No dogs will be allowed to participate in this event.**

Signed .....

Name of person responsible for entrant if under 18 years old .....

I enclose a cheque for ..... Made payable to SRMRT & SAE for return of event number and receipt. (not need if you wish to receive walk number by email)